

# Nads!News

Monthly Newsletter

Issue No.19 November 2007

## Swim Schedule

**Tues 7:30-9 pm**

HADLEY POOL.

**Thurs 7:30-9 pm**

JEWISH CENTER

**Sat 10-12 am**

HADLEY POOL

## Competitions

**Coral Springs**

**Holiday Classic,**

December 1st and  
2nd, 2007.

Sign up, sign up,  
sign up!

## Socials

Listen at practice for  
upcoming socials.

## Committee

**Captain** Drew Stoudt

**CoCapt** Luis Comulada

**Secretary** Carlos  
Bernal

**Treas'r** Steve Leidner

**Fundraising** Michael  
Meltzer

**Publicity** Shane Elipot

**Activities** Miriam Klein

& Alejandra Leibovich

**Website** Daniel Nistal

**Newsletter** Lisa Beal

## Meetings

First Tuesday every  
month after practice.

## News from your Go!Nads Committee

- We have **BIG** news! The Nads are back to a full complement of **THREE practices per week!** Tuesdays at 7:30 pm and Saturdays at 10 am are now at the Hadley Pool, 4800 NW 12th Ave, Miami. Thursdays remain at the Jewish Community Center (MARJCC), 18900 NE 25th Ave, North Miami Beach.

- Now that the weather is getting cooler don't forget that the MARJCC pool is **INDOORS!** For the outdoor practices wear your swim cap, it'll keep you warmer!

- **Don't forget USMS renewal for 2008. If you don't receive a form in the mail ask Coach Chris.**

## Upcoming Meets

- Dec 1-2, **Coral Springs Holiday Classic.** Sign up, sign up, sign up - it's going to be fun! Last chance for registration is Nov 26th.

- coming up: **SCM Championships**, New Orleans LA; **St. Nick's Meet**, Atlanta GA; **MAC Masters Holiday Hoot**, Charlotte NC. All information for meets at:

<http://www.dixiezone.org/Meets.htm>

- April 5th, 2008 is the confirmed date for our **John O'Keefe Spring Splash** meet at the Miami Day Country School. Put it in your calendars!

## Go!Nads Practices: Holiday Schedule

- **No practice Nov 22nd. No practice Dec 24th - Jan 5th. First practice in 2008 on Tuesday, Jan 8th.**

## Nad Of the Month

I was born in Bogotá, Colombia, which is on a plateau of the eastern Andes 2,600 meters (8,000 feet) above sea level....or as we natives say, 2,600 m closer to the stars! Since my childhood I have been fascinated with swimming and with the water. My mom taught me to swim. At age five I joined Tiburones (Sharks), an aquatic complex, where I continued to develop my love for swimming. I swam throughout

high school until I took up tennis. I was no Andre Agassi, but I did have a mean backhand!

When working towards my Bachelors in Business Administration and Accounting, swimming still wasn't a priority. But shortly after graduating I moved to Miami and found out about the Nadadores through a friend. I decided to come

to a practice and here I am 7 years later, still feeling as enthusiastic as the first day of my reencounter with swimming!

It was hard work at first, since I had been out of the water for so many years. I also suffer with asthma, but



after a while I was back on track. The Nadadores has been an amazing experience for me, not only for the swimming, but for the extraordinary group of people who make up our team. Here, I have met some of my best friends (thanks guys!!!) with whom I have spent many great moments and created great memories.

Looking to the future, I would like to travel around the world and increase my knowledge of my other passions such as languages, history, art and cultures. Swimming will always have a special place in my life. I will continue to swim and challenge myself, even when I am 100 years young. I hope you guys will be there to cheer me on!!!!

My name is Eddie Rios.